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NISHIMURA / BARN LUNCH

MUSIC

MR NYLAND

Let me drink and I hope all of you drink a little or something that is unusual. I like to drink to the people who come from what we call our outside world; come to the barn to look us up; to see what we look like; to see what we are doing; to spend some time; and go back again to where they come from for a very definite reason. And that is what I want to talk about. But I am glad that some do come, and that I think that there is something that they take with them. To all those outside us, and inside us. and then they go back again. I wish them a good trip home.

So do you wish to drink to your friends?

So why did I suggest this?

For two reasons. One is of course - I hope - that they do come for themselves with a certain purpose and that the Born and We as a group here, satisfy them.

This present sufficient - sufficiently whatever material there is for them to take home or to digest.

So that their trip here is not in vain. It may be a weekend and it may be a couple of weeks. It doesn't matter. They come here for a purpose. The second reason is how do we feel and what do we do for them; Or what is it that they perhaps ^{CAN} ~~can~~ take with them and is it something that we produce; or are instrumental; or is it dependent on other forces; because we don't really know that. Each person when he works becomes a channel to a greater or lesser extent; but he must work.

I mean by that that he has to
make a real effort, he has to
be serious. He has to be serious,
that he wants to do something
about himself, that he feels that
that what he is in an unconscious
state as we call it need not be.

That there is a possibility for
a man to grow up and to grow out
of what he is - we call it bondage -
that he has a chance to develop
a certain potentiality which is

new in him, that he has to
change the laws of nature which

he knows as belonging to the
earth and put himself under
different kinds of laws belonging
to great Nature, and that attempt

he himself has to live up to such
laws with an understanding and
conforming to them behaving in
accordance with what is represented

by great Nature.

That I say is the responsibility
for us to produce a group which

is also a channel. A channel thru which a certain amount of Wisdom flows, Ideas, pure in their concept, exact in their form of formulation. As a group we formulate exactly the same as a person formulates by words, a group formulates by deeds, by activity, by physical behavior, by posture, by tonation of voice, not necessarily by words, because that is the study of the group itself, as made up of different items. So that the proper study of man is really mankind as represented by this group, and that we learn more and more to read each other as if the group is a book and that because of this book existing in which all of us are writing, there then; the foreigners or the strangers or the brothers in our fight against unconsciences can read us look us up without us using any words of explanation so that the book as

they come here is an open book for them and all that is required is their ability to read it.

And what we have to do is to perform to act as it were to be what we are as human beings so that then the expression on our face and the way we walk can be indicative of that what is us as life and the performance is our form of behavior which we as ordinary human beings simply choose to be that what we can be in a group as a whole so that that what is in this book ^{written} ~~represented~~ by the group as totally existing is actually the source of information not of words but of that what is behaving, behavior forms that what we are as personality as judged by those who come and look at us and say we are this ~~what~~ we are that maybe they are critical maybe they become

inspired maybe they can derive something from this for them but the group has to become a channel it has to become pure it has to be a group of intelligent people who are willing to put their intelligence to work, willing to conform to the rules which are required not living together as a little group together at the barn but by rules that are required by Higher forms of nature which we call Great Nature. All of this of course means that there is much more to it than just a little visit.

It places responsibility on as much more even than on them. But I hope that there is enough to show that they can go home wishing to work.

What is Work as a group? and why does this group exist? It exists in this world at this time of history. It exists in a period when there has been a great progress

made in the sense of industrial development. A great deal of talk and talk and meetings and conferences. A great deal of scientific - so called - literature, a great deal of philosophy literature in general, art - exhibitions exhibitions and otherwise - and performances of mankind as behavior. talk talk and exchange talk talk and think talk talk and so called ponder. About what? What has gone wrong with us? How was it in the early days? What was it that then religion had as a place in that kind of society? We can call it primitive, perhaps we can call it previous civilizations What has gone wrong with our civilization? Originally it was very clear, for instance The Bible, for instance Buddha even earlier, for instance Mohammed afterwards. It was clear what had to be done and people lived long enough so they could try to do it,

then gradually there came the desire for power and the utilization of religion for the maintenance of a certain hierarchy. And everything belonged to religion was gradually put in a form. Doctrine at first, then quite dogmatic. Then the rules, the rules of the church, the rules of the game. That was between 500 and a little later maybe 900. Then comes a period which was rather dark, a period of gestation, the middle ages. & certain things continued to exist and then when they come up again to the foreground, there was an inquisition. Because the power which was then in the hands of the power possessing beings and most likely priests etc. and those who were on the right side and gradually acquired more and more power to buy them, that is to buy them up actually to utilize them. They of course being in power

did not want to give up. What happened to religion? It was pushed in the background. The Renaissance did not help much because that was mostly the outside appearance as that ~~what was~~ the result already of that what people felt and thought, but at the same time there was an undercurrent of religious belief which also had to be expressed and which of course ~~had to be~~ ^{was} maintained by those who were sometimes underground holding on to that which was most important for them and communicating not so much by means of letters but ~~&~~ by means of behavior forms from father to son. And we find ourselves now in this culture. What has become of our religion? Our real understanding of a behavior ~~form~~ form in accordance with certain rules belonging to a spiritual world. What has become of the spiritual world? What do we really know about that

what exists when the emphasis is 90% on that what exists here and under our eyes and in the form of matter, even if we ponder about thoughts, where is the room that should be left for a spiritual possible development or development of one's inner life. It is still here and there and there are still remnants of Esoteric knowledge which ever once and a while come to the foreground. And now it becomes very difficult for those I classify them sometimes as 20% and those who are actually ~~not~~ want to do something I call 5% a very small percentage and ~~of~~ of course leaving to the rest of mankind the necessity of feeding the moon and the earth and becoming supporting cells for that we needn't consider if we want to consider what is for us the most important thing in our (mind? ^{life?}) if we believe that there is something in these ideas let's say promulgated by Gurdjieff, or in any

event of that what belongs to Esoteric knowledge which is expressed thru sometimes antiquity, whatever are remnants or whatever is ~~now~~ still available to us in the form of books or in the form of art, or in the form of dancing, or in the form of those kind of things which are not put in words, not even in form; but which are expressed by means of different kinds of forms with a greater-less density with much more lightness and not always dependent on the words that are being used. And we learn gradually to read between the lines of whatever is published and whatever is given to us. And I say that is the responsibility to bring that desire for spiritual life more and more to the foreground. And then one asks Why? Why should we think that we are capable of doing that.

And Why if we think we can do it, is it necessary to be done. And then the question is immediately What do you consider the Universe to Be.

How do you look at your life?
How do you consider life in Eternity?
What Truth is there in the accumulation
of souls after one says one dies?; or the
existence of Heaven; whatever that maybe.
On concepts of God as Infinity; of
existing Here & Now; of the question of
dimensions of space; or dimensionality in
time. And the freedom which of course
must be found by ~~on~~ a non-dimensional
world. or that what are concepts which
are expressed in words and which are
adhered to in our present day and age.
of writing books with words or even
performing music in some form or
other. That gradually should disappear
if we understand what is meant by
death; if the body disappeared what
can remain; and how can communication
continue and again I ask for what purpose?
What is the aim of the Universe?
What is the reason of God existing
if He does and if He does why did He
create if He did create the Universe
as a whole. And such concepts of course

become important philosophically.

But they do become even more important for one's self; because even if we can more or less ^{astro} ~~ontologically~~ explain the influence of planets and the sun and sometimes even the influence of constellations on us or on large groups of people or on cities for instance.

Where there is quite definitely Astrological information of that kind available. What is the meaning for us in our life; if we in our little solar system of three what we are made up of three centers and trying to complete it; because there are many potentialities left in it, which then Great Nature will enable us to fulfill and to grow up into what we call three fully grown grown up bodies. What is even then the aim of the fusion of such bodies to become one? And what is really the reason for the oneness? Why can't we live by the Law of Three ^{only}. Why can't we change over as a fundamental step between the seven -- The Law of Seven Heptacosmism and that what is Triadism. And what

can't you be satisfied by the accumulation of information for the growth of one and the other and the third of the bodies and then infusion it represents the God for us as a tri-unity and that - the oneness is then expressed in what is the experience of ourselves. But what about the different other worlds or that which must be assumed to exist as forms of life not only - of course - of this ~~earth~~ earth which is rather tiny and quite small compared to the totality of the Universe by looking at the stars and constellations and all the different things and the distances we have to travel even if we want to go to mars. Things of that kind of course are quite outside of our concepts or rather we have no mind for it. We don't ~~really~~ really know and that which remains mystery. That which is insoluble as it were, may remain that for quite some time and still there is this hope that if we continue to learn to understand the rules - I say of the game - of that which is

necessary to become a Master.
or first a good pupil or then
someone who really starts to
know, who can then perhaps comm-
unicate a little and in the process
can grow further; and then on that
kind of a level met a great many
others who have lived before and
who have also in some way or
other reached information about
Esoteric knowledge and perhaps
because of their maturity in life
have reached a certain understanding
about Objectivity you see you must
look at life from a much broader
standpoint that this little lifetime
that you live on Earth is just a
very small section of the totality of
an aim and that the aim continues
to exist even if a little bit of a
physical body happens to die, and
that of course that function of
Great Nature of gradually understanding
what is the reality of the Universe as
a whole. And then daring to think and even

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during to wish to experience
think about God or daring to hope
for the Presence of that kind of entity
Almighty Father existing within
us or with us or that we in our
attempts for growth would like
to become like them created in
the image of God becoming as a
child, equal to that what is a young
man, equal to that what is an older
man, equal to that what is ~~as~~ recognized
by God as a mature man full grown
and then being put in the service
of the Lord to help to maintain to
govern the Universe. Have you thought
many times about such things of what
must happen. You see there are books
of course available and at the same
time among so many books there
is a great deal of information that just
touches a little bit as if one has heard
a little bit about a bell sounding
without knowing how to make the
sound itself and many times I talk
to you about it. We have in Gurdjieff,

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some thing which is important for
your life because it gives you a method
and it gives you possibility of freedom.
And I say again which I've said many
times. Don't be affected too much by
the different interests ~~what~~ ~~not~~
which every one and a while come up.
I say affected too much at the
expense of that what you ~~are~~ ought
to know as a result of working on
~~your~~ ^{your} ~~oneself~~; and that what you can find
out by studios consideration
of All & Everything; and many
times I've talked about it, talked
about it from the standpoint of
the discussion of one's ordinary
life; and the responsibilities you
have ~~to~~ now, even if you are uncon-
scious; and that that gradually should
become a little bit of an example
of how it ought to be on the next
level of existence; and that for that
reason you should learn ~~not to~~ now
in unconsciousness how to behave
and how to be - let's say - kind, or

to live in accordance with certain principles; so that then you know what it is to be disciplined; so that when - what is then - a voice of God telling you, ~~what to do~~ that you will be able to do it; because you have acquired a facility. What is it really that we want to find out?

I would almost say that what is within oneself a point which is ~~all~~ always that point without question. What does it mean? A central point of a circle or of a sphere you go from the outside from the periphery inside you go thru essential qualities.

You finally come to a point we call essential Essence. From that point on all directions are the same. In that point dimensions are - not - non-existing ~~in~~ that point one has lost any sense of time itself, because it is just that and no more and nothing else and no further interpretation the interpretation can come when one goes from the periphery to the center

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and sees of variety of different aspects of oneself but when a point is reached and I hope you understand what I mean even if you go back on the same line from where you came from is exactly the same as if you continued on the line itself in the same direction as before because the adventure is then the same going thru Essence again ~~than~~ the periphery and that is why this point I say, this central point - we call Magnetic Center is a central point where everything exists in the form of no time and in the form of no space that's why we call it a moment and that's why we say it's without dimension, and then we say it is a Magnetic Center in which that what is in finite form all have ~~disappeared~~ ~~disappeared~~ disappeared and in its place the non existence of finiteness appears, which we simply call infinity. It is as if one goes from the periphery thru the

essential qualities of a man, gradually wishing to understand what He really is and in that process he goes thru different stages of development which can be compared with growing from the earth to the planets and to the Sun. And when he reaches the Sun, as a central point of our solar system it is equivalent to that what is for us our Magnetic Center within and that a man can find Himself within himself as he is there, without any further description the same way as any kind of a being would find himself on the Sun as Being God of that little solar system; But if the solar system belongs to the totality of all things existing.

God on the Sun represents the King of that Kingdom within one's self where the authority is the King and the rules are made by him. In that sense a man can find God within himself. If he only does to continue until he is free from all dimensions in time as well as space.

(Done & Here)

And so I mean this. How can we by continuing to Work find that particular concept of freedom. And how can we understand the totality of the Universe where ever it may be. And how can we understand the length of our time in relation to Eternity or that what is a growth of a man in relation to the possibility of reaching God Himself. How can a man as he is become sensitive enough to be able to hear the voice of God Himself. We talk many times about such ideas and make it a little bit more practical and say we wish every once and a while that God could be on the street and we also walking and hoping to meet Him around the corner. We talk some times about inner chamber where God is sitting reading the book of our life and turning the pages we talk many times as if God can be reached in Prayer as if we then can - hoping that

we in our sensitivity can actually bring together the three different parts of ourselves yet in that sense nothing of such three parts of centers remains when we become fused enough as an entity and particularly when they, such centers, have grown up to a full grown body, that actually then at a certain point that particular fusion can take place and out of three there will be one entity. But you see what is the requirement for that and what is the aim that then when it is understood will give us the necessity of an understanding of what is meant by Work. You see the three centers when they are full grown ~~to~~ to three bodies and when they then combine and form one entity that entity is entirely different and has different properties compared to the properties of any one of the three bodies out of which it was made, and that is something that we in our minds cannot

understand at all. We are limited in our mind and in our feelings we are limited even with our emotion, even if we wish to include all forms of life we are still stuck with this concept. How can we lose ourselves ~~for~~ completely with our subjectivity and still assume that something can continue to exist; but not subjectively and again we must come to the conclusion that that kind of experience can only take place in our Magnetic Center only. And that when it has taken place and it has the chance to continue to exist that then the Real Work starts. And so you must see that all the things we do do; and why the Barn exist and why this group ~~exist~~ is here is really preliminary work.

You are here for a certain purpose to acquire insight in what is really needed to utilize the opportunity which exists and the conditions which are here for your acquisition. First of knowledge of yourself, then gradually on

Awareness charging the knowledge to an understanding so that it becomes truth. So that when you leave from here that there is some truth in you about yourself; and that is why I warned about the different influences which now exist all around us in the form of books like it has existed already with the I Ching, with the Tarot, with numerology, with astrology, with healing, with all kinds of descriptions of sects existing, with all kinds of information we get now about Jesus' groups and people of that kind even mis-information concerning Gurdjieff and the method and the attraction that it has particularly at this time for young people; And we naturally are also affected by - and sometimes we sit up and wonder - what is it all for? and to what extent can that what is given as non-Gurdjieffian ideas, to what extent can it?

There has to be first the recognition of a quality of Esoteric Knowledge.

which in Understanding such knowledge must end up in the ability to lose oneself completely, which is the place as Magnetic Center where that happens and where in the Bible it is mentioned that one has to lose one's Life,

In the second place one has to assume ^{that} that what is an inner existence and also that what requires Life as energy for the maintenance of that kind of inner life that that is as yet not full grown enough to live by itself without the form of the body,

It is very important to () to see, because that inner life includes from our standpoint; and quite logically so, two very definite concepts one is the satisfaction of one's emotional center, and the other is the satisfaction for one's intellect; And the step is then over Emotion towards the intellect not the other way; And the possible development of an intellect by forgetting the development of the

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Emotion will logically become lopsided and will lead to hasenpfefferian ideas.

Gurdjieff warns about that, and the emphasis is where ever you will go in the pursuit of Esoteric Knowledge, by means of reading or communicating with each other on that kind of a basis is quite right as long as you don't make neglect your emotions and the relationship of the emotions towards that which is of higher value than what we are. If I am interested in a little bit of theory and keep on reading or if I enjoy about my own experience in talking about them and if such experience have very little Esoteric value, and as mostly description of ordinary subjectivity in some form or other I do not introduce any thing that will help me to free myself from the bondage of subjectivity and it is that kind of attitude you should

have towards anyone of these kind
of ideas which are given and certainly
can exist only in the world and can be
accepted by a variety of people but we -
at least I trusted you were - asking
yourself what is the value for me tomorrow
morning in my ordinary relationships in
this life? What can I use for my unconsci-
ous existence to try to begin at least
to nibble away at the few expressions
which I already know for myself that
they are not right. What can I do about
my own hypocrisy? What can I do so
that I become more honest? What can I
do with myself that I can indicate and
wish to express my feelings in such a
way that I can include other people
who are also alive. How can I learn to
care for them? To what extent can I
be dependent on that what I am with
the possibility of me as a channel having
the chance of reaching a source from
which life can go into me and be
accepted by me for a certain purpose
so that of a further development so that
that what comes in - and we say by means of I -
~~for~~

functioning in that sense as mediator between God and us that then that what is received as that kind of higher form of life is utilized by myself for the purpose you might say of buying my unconsciousness and paying my debts to Matter Nature. That after all is what we have to consider so that your attitude towards anything that is different - lets say from Burdgiiff - and there is no use beating around the bush about it. That your attitude in any pursuit of that kind including any kind of Religion or Philosophy that you are interested in that your attitude should be first quite sincere that you should expect something from a Oiga Board if you want to use that.

There are different ways by which Esoteric Knowledge is given and some are not as pure as others but it doesn't matter if the process of purification can take place within you. I said before if you believe and wish to use I think have an attitude of sincerity and wish honestly to find out what might be given to you,

by means of that kind of a method.

Numerology, any thing that you wish to go into but find out if that what lets say Paul Switchell tells you or Monroe about the soul does it apply to you do you know what it means even if you could perform that Out of Body experience do you have that kind of a soul at the present time and even if you do have it sometimes by chance sometimes accidentally is it of sufficient interest to you for the further growth of yourself to dismiss your subjectivity and put in its place an Objective value as I explained the other day of a different kind of a rate of vibration. Will you be able to grow up as a man and fulfill your requirements which Mother Nature is exacting from you in the form of a payment can you actually meet your debts? Can you if you wish be free from the different forms of subjectivity, which now bind you to this earth. Of course anything that you wish will bind you there is no question about it. If you wish Objectivity

You will be bound by the Thoughts and by the wish to work. If you wish God you will be bound by God; because that is your wish and its only much better that when you realize that that what will bind you when it is not in your way of growth. When you grow sufficiently you will less and less wish to be bound and be more and more on your own and it is that aim that a man becomes self sufficient because that what he becomes is in relation to that what he ~~wishes~~ wish, simply a matter of time and application so that ultimately he will become what he wishes including the wish to become God.

And you must look at life from a much ^{wider} ~~narrower~~ standpoint I say, you cannot be provincial just a little life on earth is nothing compared to that what your life will have to go thru.

You must take that for truth you can not always prove it sometimes you can experience it. Sometimes you know deep down in your heart that that is the only

solution, and it is not anything that you can prove by means of words or concepts of your thoughts it can be proved for yourself by an amazing quality within one's emotional center which is intuition because that what is intuitive that what is physically instinct that what is mentally insight is something that is given from above to a man to assure him that he will ultimately be set free. And with that there is a command that only the truth itself and not subjectivity and interpretation will set him free. Once and for all make up your mind I say it again and again if you want to believe in Gurdjieff then believe in him whole heartedly with your head and with your feet. And give it that kind of a chance until you are absolutely convinced that it is not for you and that when you feel you've done enough of an application that you really have sacrificed yourself for that purpose, when you have

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undergone an examination of all your different vices - which you know - and your particular qualities that you know are in the way. That you have made attempts actually to counteract them and to become free, with other words, that you have been willing to give up your outer life experiences, your body with its manifestations for the sake of reaching a new form of life, that what is inner life will be the life that will be given back to you. That one is willing to die for a certain aim in order to be reconciled with that what must continue to exist in such a way that again and again the opportunities will be given for further development. That you should have a firm belief in that, that what takes place at the present time and what we call our material world and where we try to get (?) and get certain concepts of a spiritual King.

That emphasis will be more and more of that what is spiritual. I mean by that simply Ethereal.

Sometimes you say Astral sometimes what actually can exist a little bit away from the world, sometimes perhaps a density of an atmosphere of the earth, that the further we get away from it the less there is of that kind of matter per sq or by cubic inch or cubic foot. All right Bob.

But the question is always How do we get there? You see one can have a belief in these kind of things as existing, it does not mean they are my own. I imagine it. I say it is logical. I can accept the concept of the existence of God. I cannot really determine what is meant by this Omnipresence and the things I call the three attributes of the Lord.

At the same time, What is possible within my own world? Because if I can establish within my own world a certain truthfulness regarding my self then that principle exists as

a principal at any level it will be, or at any level where life happens to exist. When we talk about Microcosmos and Macrocosmos, when we talk about our ordinary solar system, and the conditions of an atom and the electrons Nucleus etc. Neutrons and all the different things that we describe now very nicely in a scientific manner what does it come down to ^{really}?

An attraction of ~~different~~ ^{certain} forces for that what is similar and that what is non-similar being attracted at a distance but kept away because of their own motion. () Equilibrium and a balance which we in motion always will see and not being able to conceive of any kind of a balance epistance existing in a non-epistance. And that for us the most important concept is balance or equilibrium within oneself where the forces match each other, and where there is still the possibility of progress, when the

forces are distinguished from each other - that is there is a distinction made between the forces - usually adding up to the two main forces we know about as positivity and negativity and which the third force also will start to exist as soon as we start to analyze what is taking place as a result of such two forces existing.

The balance that we like to reach is that the forces remain in existence without consuming each other. But they have an influence on each other and that there is a by-product. It's obvious that ~~the~~ if a positivity and a negativity as a force or as a quantity of energy when they do exist and as energy exists for us in two different concepts energy of place which means no motion. Energy of motion of course of movement which includes a moving of such energy from one place to the other. That we call a force existing either in the point as a central point of force or as a

force exerting its force, its energy,
by the movement of a certain particle.
An expression of that energy in
the form of MV^2 or MV as a quantity
of totality of energy it doesn't
matter very much were interested
in ~~the~~^a study if we wish of what
happens when a negative and a positive
force meet. They consume each other
and that what is left as a balance
is just one force and it is not a
balance because immediately that
what is left, if positivity is worth
more than the negativity that
negativity is ~~obsorbed~~ ~~obsorbed~~
obsorbed. The difference between
the two happens to be a positive
force which immediately asserts
itself in the movement of the
object when it takes place and we
as human beings are compelled to
do certain things in accordance with
the law of positivity and if the
law happens to be negativity it happens
to be that, And there is no balance

reached between us and that is why we are constantly disturbed; and many times in confusion. The logical example between the mind and the feeling of course it is quite obvious; and your body doesn't know what to do. What is needed for reaching a balance is that that what is affected by the forces is not consumed by such forces and that that what is then affected will not allow the forces to meet. But in order to reach the greatest efficiency of the energy represented by such forces they ought to come as close together as they can be under each others influence without consuming each other producing by means of their magnetic fields surrounding them; because all forces ultimately are electric they are all dependent on electronic magnetic forces electrons firstly as particles so that then what takes place is an influence of one on the other and the other on the first

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one and out of this force field by means of that what holds the forces apart something starts to exist in that third force ~~but~~ wishing to be influenced by either one or the other.

We call that sometimes neutralization and sometimes its called an end product. This neutralization is also a force taking in the energy from the left and the energy from the right and putting it together so that then the neutralizing force as a force can become operative and leave the positivity and the negativity for what ever it is worth and whatever there is left of it and the utilization of the energy which is useful for a determination on the part of the human being to wish to become free both from the negativity and the positivity. So that then the solution is the elimination of the two foldness of a man and keeping of that what a man is in reality as a neutralizing force in the direction away from the place

where he has been operating.

For this reason the balance is now complete; because the balance is a consumption of both forces within a man and producing as I say a certain state for the neutralizing force to operate from or producing an end product which is free from the two original forces.

Chemically I have explained every once and a while of the different chemicals which come together and have affinity they will produce a reaction on each other and there will be established a certain equilibrium for instance if there are chemicals A & B and they are put together in certain condition they will form two other chemicals C & D and the re-arrangement of the molecules. But A & B or forces react on each other and produce C & D, But C & D not entirely being formed immediately will have a chance again to go back and form A & B. When an equilibrium is reached, when there are

enough molecules going over from the $A \rightleftharpoons B$ state into $C \rightleftharpoons D$ and an equivalent amount of molecules going over from $C \rightleftharpoons D$ into $A \rightleftharpoons B$. Now the process of life is like that one puts oneself in different kind of conditions so that the equilibrating and the balance of oneself can be shifted in the direction of a neutralizing force.

By the utilization of the chemicals and everything psychological and physiological that has been put into a man in certain conditions so that they can become operative between them and creating conditions which will enhance that kind of condition.

Chemically we say it is dependant on Temperature and ~~pressure~~ pressure, sometimes on volume altho the three are equal to each other but that what takes place with a human being is change of his own condition in which then he himself has to react differently or being exposed

to conditions from the outside world which will produce in a man a reaction which again in turn will produce physiologically certain conditions with certain properties of chemicals which are furnished by glands in the body and which then start to become operative regarding each other and change the state of being of a man sometimes extending towards the right sometimes to the left. The neutralizing force is really this kind of a balance which changes a man into a different level of being and then that what is indicated by a formation going to the right may be exactly the same as a man being lifted away from the earth and going to a higher level the balance is then expressed in a certain way as a verticalness the balance on earth of ordinary processes which ~~can~~ produce certain elements which are more conducive will be expressed horizontally. What is this verticalness?

It is the up and down movement of a man between two states and which at certain times ~~it~~ appears that he is closer to God at other times he is closer to the Earth. It is ~~the~~ that same kind of a principal an exhalation and inhalation as that what takes place with breath which is the breath of the Universe itself. This form of balance always remains everywhere in the Universe as long as there is that kind of a motion.

Ultimately ~~and~~ such a balance will disappear in a point of Absoluteness. But that only is reached when the spiral which is the result of the continued wish for living in different kind of processes and in different kind of levels of a man existing at different levels of being. Will be the top part at which then God as it were becomes open to a man when he actually then reaches the highest of what is possible to reach because the highest ~~is~~ as

Endlessness has nothing else anymore to reach because of its Endlessness.

The concept that is involved in that, when certain things can exist without a negative without an opposing entity one has reached the state of Bliss. And so one Works because with working you will have a chance actually to come closer and closer to the Truth. And the more you see Truth the closer you will (?) to God.

The more God is Willing for you to Work the more He will Help you, actually to Work, provided you are sincere. When we work here, when we are reminded of having to understand ourselves that we see ourselves in that way as friends that you wish to care that you are concerned about them that you really enter as it were into their life and then together or even sometimes at a distance wishing each other well and hoping for the possibility that Heaven will open. That sometimes I say it is like I push

up against Heaven climb the ladder
and I want to enter into Heaven and
having - I said sometimes - as a trap
door which I have to push open

It is not an equilibrium because
Heaven is closed to most of us.

But if one Visits and persists
the trap door can actually be opened,
but it is not really us that opens the
trap door. It is God who does that

I wish you could see life here
a little bit like that as something
that is very temporary even with the
barn but that it does require an
openness to each other and if you
can understand that kind of life as
expressed by all of us to the best of
our ability and that you are not critical
because you can understand why it happens
to be mechanical. When then is that
kind of understanding (saying in French)
if you understand that. If you comprehend
everything you will understand the
Totality. It requires on the part of us
to work towards that. Sometimes

maybe its necessary to Pray for it, to be really by yourself and no one around not necessarily close you down because God is Omnipresent but for you yourself to be honest and to say to the Lord Here I am a breathing little creature I wish to be free. Let God be pleased if I wish to work. Let God help me and give me strength to become that what I ought to be and again one says at the end. So help me God to make me pure and so to

Gurdjieff because he helps he gives insight he does not waver he is clear He tells you All Everything its up to you to read it to digest it to eat it, to utilize it, and every once and a while sit in great quietness in front of the book and praise Gurdjieff telling him how Blessed he was for you if you actually derive from reading, from digesting, and from application a sense of growing and a sense of freedom. To Gurdjieff and so have a good Sunday tomorrow! Goodnight,

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PART II

SUNDAY AUG 4 1973

BARN

LUNCH

I wish we could extend the time a little bit because I such a feeling of wanting to say a great deal. And I'm afraid when I condense it it may not be clear enough. In the first place there is a wedding and it is at MT. Peter and there is also a Gazabo Gazabo if you like you know the meaning. When they climb up MT Peter is Peter there.

Will he let them in. They enter into a new phase of their life. When Peter asks the question what are you going to do? Well they say we would like to go to that little ~~secluded~~ secluded place that we call a Gazabo. It really means a place from where you can gaze out onto the world, where you can be quiet and consider where you wish to come to yourself so that then when you do know what you are and what you really wish you can go down

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to the foot of the mountain and you will be received by the Earth itself and Peter is only there to warn you. Know know what you are doing you have to go in that direction try to keep to your ideals as much as you can and don't be afraid. Because the world is ahead of you when you look out and you see what might be possible. On such a day there are no further questions to ask there is only a positivity of that what one wishes without having any hesitations of the impossibility which may be involved in it, that you don't consider, consider. On a day like that you only see one thing, that is the sun, never mind the planets, never mind the earth. For a little while in staring out into space you believe in the possibility of infinity.

I would like to drink to Delf and (?)
Some of you don't know, maybe didn't even know that they would get married a little later. But here we are together and I would like to remember that for them for their sake and for their

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ability to join together in their attempts I say always in wishing to become Conscious and Conscientious to Dell to you Darling you must drink its your future and you I also.

I said certain things last night about looking into the future of one's life and not simply considering the question of one's life on Earth only and using that for really placing life as it ought to be understood and the consideration of that what takes place on this earth as only a very short time length even in the sense of timelessness this kind of a time length can be seen you might say in perspective when one wants to enter into a relationship.

That it is necessary to understand what could be done because of such a relationship which one could not do by one's self, and each persons interpretation depends on what he feels and what he thinks and for that reason I believe that if one can understand life in its entirety that is the life

force existing everywhere and always.
That that what is know finite and
what is bound and that what is our
life on Earth gradually to be understood
from the standpoint of infinity.
I hope that when one sails out into
space that gradually all dimensions
will fall away. You see this is one aspect
of what we have to consider when we
are together we think about work we
think about the possibility of becoming
Conscious and Conscientious we
think about Heaven sometimes but
then after a little while you come down
to Earth and about that I want to say
a few things also. Because we are still
subject to certain rules of this Earth
and the culture and conditions in which
we live and I would like to make it quite
clear that there are certain necessities
which we have to consider. Inflation is
with us, conditions of increased expenses,
things that have to be met, if we want
to continue with what we are doing
and being a manager of finances I have

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to tell you that I want to reduce expenses to a minimum if we can because we have to maintain ourselves within the means we have there are several aspects of that and I don't want to stop certain things that we have been doing but I must say that I may have to reduce certain activities when they are not longer so necessary in the light of other things which are necessary. For instance I will withdraw the promise made to the born men and the garbage that we pay them. I would like to reduce expenses at the CBA office to be carried by the different activities where particularly for Cheryl she is doing the work for you. I would like to reduce all kind of other expenses that can be carried by the activities themselves that is as far as expenses are concerned. But I must emphasize one other thing that is the income. There are two sources of income at the present time. One you know is the 9% that represented by activities and they do

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their best. That I know. For all the different things they are engaged in that they try to see if anything can be left over or be included in their total estimate and I think that gradually we'll get out of the mud in which we are still to a certain extent and that certain activities of course are very small and need money and others which have been in existence for some time gradually will start to understand how necessary it is for the maintenance if their heart is in the right place an activity also has a heart and it is from that standpoint that one considers the 9% you don't do it from your head. Because if you use your head in thinking too much about it you might consider that 9% is really not something that your activity could spare. I assume you when you do consider it your activity will grow more because it's a question of your heart and your mind uniting in the wish to make good in your activity and including in that the Barn the maintenance

and the group as a whole. But it is the other kind of an income that I talk about that is a monthly contribution. There are many new people some of them may not even know that that kind of a rule exists. And it's also possible that some people engaged in activities forget that the monthly payments also should ~~go~~ continue to exist which has nothing to do with the 9%. To what extent they are possible or if they are able to do that. Depends of course on whatever income there is in any kind of an activity and I know ~~that~~ we have been quite reluctant even of saying too much about it at the same time. I think for your own benefit you must try to separate from each other your activity and whatever the income is that you get from that what you ought to contribute as a general contribution each month and you should also advise everyone who comes here that that is a necessity when they become members that the bar has a certain

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meaning; because we have now a couple of groups here and there and some people come of course from New York and there are newcomers and people from somewhere else who want to come. It must be explained that this activity as a whole as a group needs of course money. That would be your payment and for what? There is an atmosphere at the barn and I explained last night, that is the reason why people come. We also discuss work. There are enough opportunities for becoming acquainted with what is the meaning of Burdziejff. And you are entitled to find out as much as you possibly can. That is you might say spiritual food, for which you have to pay. It is not to be given freely, it is not charity it is we are not a charitable institution. We give what we can, we try to reduce expenses we also want to make sure that you get enough for what you have to pay although I don't think it is equal that what you pay is just a

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little bit out of your monthly income if you figure it out it is less than \$4 a week. It is not very much, if you compare that with the possibilities of receiving spiritual food which you definitely ^{will} need for the development of your self. If you place enough emphasis on the necessity of developing an inner life, if you realize that that what you are paying for, will be changed into something else which has much more permanent value for yourself. But you see nobody can tell you that that is so. You have to feel it if you don't feel it of course you will try to get as much as possible at almost I would say for nothing without contributing anything of yourself. And that is why it is necessary to see that that what you should give even if it is difficult for you is a necessity for your own state. To say it in very simple terms you are privileged to pay. You must understand that this kind of organization if we call it that way just

can not continue to exist without money and that money has to come from us, because we are not endowed. We are not interested in bank loans we are not interested in special ~~person~~ ~~purposes~~ to be given away by the Govt. We are not interested to remain in debt say in gratitude towards someone, who might become a good donor for these kind of activities. We wish to pay as we go. We want to remain if we can independent. I don't want to be grateful to anyone who just gives me money so that I would have to bend down to them. I even want to have a chance if necessary to refuse money when it is not coming from the right kind of a source. When it is linked up with the possibility for your own growth you will understand what I mean. And for better that if you cannot understand it you don't come. I've said that now many times you come here because you wish. And you stay because you wish. If you don't wish

If you are negative in any way whatsoever. This is not the place to express it. We are not interested in that we are only interested in positive attitude regarding the possibility of becoming Conscious and Conscience - Conscientious - is it already over Bill? Not yet. I hope you understand that that I ~~say~~ take this kind of a positive attitude towards the people who want to come and be here. Because those who are not in that sense belonging they will create the wrong kind of atmosphere. They will not belong simply because they themselves do not wish and therefore they might affect others. Tomorrow evening we have an activity group meeting. We have reduced it, because there were too many curiosities seekers which had nothing to do with the actual management of an activity. All those who are responsible for the help, the maintenance activity etc. They can come. But tomorrow evening

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I will ask everybody to express what they feel in complaints in negativity, in their attitude regarding what happens at the barn and why they cannot be wholehearted in their attempts to be here for that kind of a purpose. I mention it now so that those who are here can think about it because I want to make a clean slate. I want to be able to be dependent on those who really wish to work. I want to find out what it is that might be in their way. I want to know if there are ^{certain} policies or ways of behavior which may be obnoxious to some and cannot be digested in the direction in which they might be profitable for their own work and if it is necessary to make changes of course we will make changes but I want to have a direct positive attitude as it were above the line and eliminate all reasons for negativity. If negativity remains in existence and it is a fault or a make up of yours.

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own type, or your own way of being. Then I don't think this is the right place and then I will ask you to leave. I've said it many times regarding work. This kind of work can only exist when those who want to maintain it can have a chance of explaining to each other. What are difficulties about work itself and we will continue with that I've said also if we can not do it that way I close the Barn. And that all I want to tell you today. I'm very serious, ~~at~~ I say it before I go to the west coast. I want to you to understand that you are under a certain obligation and those who want to take that responsibility they will be in charge. They will help in with their ~~own~~ way of doing. We sometimes; you may not always understand; but try to understand what is the principal that is involved. It is your life that is at stake the way I see it. I T

is your acceptance of Esoteric knowledge in this particular special way kind of a way. It does not mean that you have to follow it. It does not mean that I would urge you as if I'm a salesman telling you that you ought to do that and if you don't then there will be dire consequences it's your conscience as what has to be deciding that what is right for you and you have that kind of freedom. But when you are here then I make that obligation that you belong and then you will profit and others can profit. When you do not belong then others will not profit, and it's far better for you to be somewhere else. At the same time I'm very happy that you are here. I'm grateful. I'm grateful for myself; because it gives me an opportunity to fulfill my life. If you were not here I would do something else, perhaps with other people, perhaps in another place. I

would find an opportunity which is conducive for my own growth; Because I am very much like all of you us. I'm not any different I still am alive on this Earth. I still have obligations. I still have idealism I would like to try to fulfill it. And to live in accordance with certain principles. Such principles for me are connected with Gurdjieff. And I hope you can drink to the influence of the Ideas of Objectivity in your life.

TRANSCRIBED: STEVEN MARINO

END TAPE